



spa blu<sup>sm</sup>

enliven your spirit.



**enliven your spirit**



## restore

Personal restoration takes many forms at spa blu: sumptuous steam, rooms, opulent rain showers, even a soothing whirlpool at the foot of a water wall. And in the hands of our therapists and technicians, the easy confidence of a fresh look takes good feelings to the next level. If it's time to unwind, look no further than spa blu.

### restore in shades of blu:

This completely customizable day of rest involves an exfoliation, body mask / wrap and massage of your choice. Of course, we have suggestions and we'll almost always recommend a foot massage.



## energize

Energize yourself with the lively side of a spa experience. Our professionals will scrub you, rub you, steam you, preen you and send you off with an invigorating glow. Even hop on a treadmill or bike in our fitness center for a truly revitalizing experience. If renewed energy is your goal, spa blu is just the place.

### energize in shades of blu:

Invigorate any way you choose with your very own customizable day of beauty. Get the exfoliation, body mask / wrap and massage of your choice. Of course, we can recommend the most energizing of our treatments, the scalp massage is not to be missed.



indicates experiences exclusive to spa blu



indicates restorative experience



indicates energizing experience



## spa treatments: massages

### blu's chaser

Our signature massage, combining Swedish and Asian inspired techniques to restore balance and harmony to your body, mind and spirit. Guaranteed to chase your "blu's" far, far away.

25 min	50 min	80 min
\$65	\$95	\$145

### back and blu

The sports enthusiasts' custom massage. Specifically focusing on those areas that are 'talking back!' This experience is designed for individuals wanting more detailed work on specific muscle groups or areas of chronic pain, includes heat pack treatment.

25 min	50 min	80 min
\$75	\$105	\$165

### blu hue

Select your own custom-blended essential oils that are massaged into your skin, soothing your mood and reviving your body. This sensory experience is pampering at its finest.

25 min	50 min	80 min
\$75	\$105	\$165

### Himalayan salt stone

Uses warm hand-carved salt stones which are rich in 84 natural minerals and elements. This massage is effective towards normalizing your minerals, pH, oxidative stress, and hydration within your body.

50 min	75 min
\$110	\$145

### royal Hawaiian blu

"The art of love and healing through the hands and heart." This traditional Hawaiian form of massage utilizes long, flowing and rhythmic strokes combined with joint mobilization to increase lymph flow and circulation. Lomi lomi bestows upon the body peace and tranquility.

75 min
\$130



## the art of blu

Ready to really relax? This soothing treatment will soften your muscles while soothing aggravated and inflamed joints by using a therapeutic massage with hot stones. The 'ohhhhh...' massage!

75  
min  
\$150

## head for blu-s

De-stress on the double with this East Indian scalp massage. Designed specifically to target your neck and shoulders where those aches and pains might be residing.

25  
min  
\$60

## the blu bounce

Therapeutic massage on the foot to enhance the flow of energy throughout the body and corresponding organ systems.

25  
min  
\$65

## foot massage enhancement

Add a foot massage to any of your massage or body treatments.

15  
min  
\$20

## biofreeze enhancement

Cold therapy pain relieving gel treatment.

\$5

## dry-brush enhancement

Add a dry brushing to any of your massage or body treatments to improve circulation throughout the lymphatic system.

\$15





## spa treatments: body treatments

### perfect shade of blu

Ready for the ultimate 'all about you' massage? This treatment will take you on an unforgettable experience by reviving your mind, body, and spirit. It begins with a full-body exfoliation using customized masques while you enjoy a scalp massage. The treatment ends with our signature blu's chaser body massage.

75  
min  
\$140

### favorite shade of blu

Pampering for 25 minutes is all you really need when you're getting the ultimate rub down. This includes a full-body exfoliation with blu salt or sugar scrub, followed by a lotion application that will leave you all aglow!

25  
min  
\$60

### blu slim wrap

Detox wrap using the Keeki Pure and Simple Organic skin care line that assists with cellulite reduction, intended to reduce pounds and inches. Choose one of the following areas for treatment: stomach, thighs or back of arms.

50  
min  
\$150

### salted Himalayan body wrap

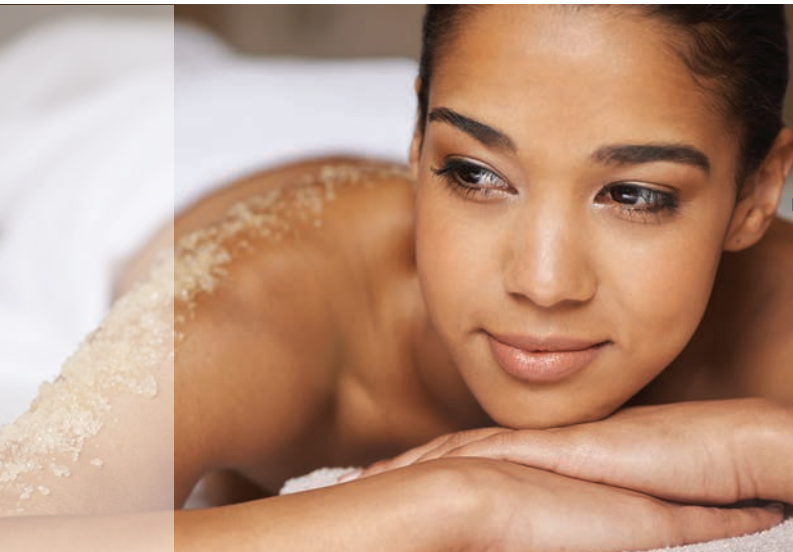
A moisturizing oil rich in aloe and jojoba is applied and Himalayan salt is sprinkled on the body. Warm salt stones are then used to exfoliate the skin. Relax while a 15 minute foot rub is given with heated salt stones. This luxurious wrap is finished with a lotion application.

50  
min  
\$130

### blu algae

Using our biggest beauty secret, blue algae, this treatment works to combat cellulite and sagging skin. This session also includes exfoliation, blue algae wrap, and finally a deep massage that will tell those cellulite areas "hey...see ya..."! **75-minute includes choice of upper or lower body massage.**

50 min \$105 | 75 min \$120





### makeup application

Our master artists will detail your personal application, utilizing the latest trends, looks, and the easiest way to bring out those lovely features.

25  
min  
\$35

### bridal makeup application

Do you need something new and something blu? Come receive the bridal treatment. This application will help smooth the biggest day of your life into perfection.

50  
min  
\$55

### blu butterfly kisses

**Strip** – The perfect makeup accessory. Enhances and boosts your natural lashes for a seamless look.

\$15

**Individual** – These lash clusters are the closest thing to natural lashes. Fill in and enhance natural lashes temporarily.

\$25



skin enhancements & make-up





# spa treatments: facials

## blu signature facial

Put your best face forward with our rejuvenating treatment that is high in antioxidants. Whether your skin is dehydrated, dull, needs a boost - or all of the above, your aesthetician can customize the treatment to your needs. This facial includes a thorough exfoliation, soothing treatment mask and moisture balance to create your best look.

25 min  
\$65

50 min  
\$85

## blu glow

Feel your best after this refreshing treatment. Rich in enzymes, this facial removes dead skin cells to reveal your radiant complexion. Pomegranate and cranberry antioxidants strengthen skin while removing bacteria. Combined with salicylic acid, this treatment is recommended for dull, dehydrated, oily and acned skin conditions.

50 min  
\$95

## pro blu

All of us have those problem areas and this facial allows direct targeting! This specialized treatment includes a deep cleansing and detoxifying of your pores, extractions by our trained professionals, followed by healing treatments and serums.

50 min  
\$90

## blu delaine facial

Indulge in a progressive, corrective and nourishing facial. Your skin is cleansed with a super rich, gentle hydrator followed by a second deep cleansing featuring tea tree oil. Buildup is removed while the exfoliation process begins. A tea tree oil gel mask will rid dullness and impurities while unclogging pores. Repair damaged skin via an application of concentrated formula of vitamins layered in soy and a co-enzyme Q10 base. Eye contour cream helps to diminish the appearance of dark circles and reduce overall puffiness. Gorgeous skin! You can also enjoy an express blu delaine facial in half the time.

25 min  
\$65

50 min  
\$90

## blu KPS organic anti-aging facial

This organic facial, developed by an aesthetician and a rocket scientist, brings KPS exclusive organic DermaNU technology that firms and volumizes your skin, bringing back a youthful glow.

50 min  
\$100







## little boy blu

Men- it's your turn to get pampered! Designed specifically for your needs, this treatment relieves shaving irritation while purifying, hydrating, softening and addressing aging issues. This facial includes a deep cleanse, enzyme peel, extractions, relaxing massage, purifying mask and moisture balance. Designed to put you back in your happy place.

50  
min

\$90

## blu-tiful you facial

Because you're 'blu-tiful' you deserve this lactic acid peel with mulberry treatment, designed to smooth fine lines and brighten discoloration by deep exfoliation. Combined with enzyme peel, this treatment delivers magnificent instant results. Perfectly gentle for just before the wedding or a special event.

50  
min

\$100

## blu 'bacial'

During this treatment, your shoulder area will get a purifying and detoxifying mask, extractions and gentle massage. This treatment will give you the confidence to feel like the real you!

50  
min

\$80

## blu NuFace facial

"Take time off!" Lift, firm, sculpt! Experience a beautifully lifted face today with the only handheld, micro current device backed by clinical data. Combining our blu signature facial with detailed emphasis on anti-aging skin care that tightens and tones your skin, the NuFace regimen will do more than lift your spirits!

50  
min

\$85

## blu pumpkin facial

This pumpkin, multi-fruit complex peel is loaded with important antioxidants, beta carotene and is rich in vitamin C. This wonder fruit facial exfoliates skin texture and tone. Pumpkin contains more than 100 beneficial nutrients and reverses the signs of aging. Cleansing, exfoliation, mask and moisturizer (specific to your skin) are included in this ritual.

50  
min

\$100



## spa treatments: hands and feet

### blu's touch

**Signature Hand Treatment** — Give your hands the special treatment with this deluxe service; includes a soak, scrub, massage, customized mask on the hands and polish of your choice. French polish and/or Vinyl Lux is an additional charge. A warm paraffin can be added for an additional \$12 upgrade.

50  
min  
\$50

### rapid blu

**Express Hand Treatment** — In a hurry? You can still get pampered with this express hand treatment. Includes a hand soak, cuticle maintenance, and lotion application, complete with your choice of polish. French polish and/or Vinyl Lux is an additional charge.

25  
min  
\$35

### my blu heaven

**Foot Treatment** — The way to a person's heart is through their feet. Take one step forward with this foot ritual that will have you feeling heavenly. We will exfoliate, attend to cuticles, apply a customized mask on the feet, and includes callus elimination and choice of polish. French polish and/or Vinyl Lux is an additional charge. A warm paraffin can be added for an additional \$12 upgrade.

50  
min  
\$65

### blu to go

**Express Pedicure Treatment** — This quick treatment is designed for those on the go, but can squeeze in just enough time to feel relaxed with blu. Includes foot soak, cuticle maintenance and lotion application. Finish your sandal-ready tootsies with your choice of polish! French polish and/or Vinyl Lux is an additional charge. A warm paraffin can be added for an additional \$12 upgrade.

25  
min  
\$45

### private pedicure for two

A total sensory experience for two in a private treatment room. You will have the pleasure of receiving our signature my blu heaven ritual, an arm and hand massage, warm neck towels coupled with relaxing ambiance. Limited polish colors available.

50  
min  
\$150

### switch-a-roo blu

Need to freshen up? We have the latest colors to show those hands and feet off with confidence. French Polish and/or Vinyl Lux is an additional charge.

\$20

### soft blu

**Perfect Sense® Paraffin Treatment** — Add extra softness and moisture to your skin with this warming and conditioning treatment. The ultimate pampering for your hands or feet that will make you feel totally pampered and simply gorgeous.

\$25

### Add-Ons:

#### french blu

French polish variation application.

\$10

#### no chip at blue chip

Shellac manicure service combines the ease of polish with a high gloss shine and extended wear. Includes hand soak, cuticle maintenance, lotion application and your choice of color. French polish is an additional charge.

\$55

#### no chip at blue chip removal

Gentle removal of shellac application.

\$5

#### vinyl lux & infinite shine

A breakthrough polish that endures a week of fashion perfection without a base coat.

\$8

## women's haircut

Haircut — Includes Shampoo and Blow-dry

Blow-dry — Short / Long Hair

### Add-Ons:

Thermo Styling: Curling or Flat Iron

Formal Styling

Bridal Styling

\$40 \$50

\$30 \$40

\$15 and up

\$60 and up

\$70 and up

## hair color

Semi-Permanent

Root Touch-Up

Permanent

\$55 and up

\$60 and up

\$80 and up

## foil highlights

Short Hair — Crown Only

Short Hair — Full

Long Hair — Crown Only

Long Hair — Full

\$65 and up

\$100 and up

\$90 and up

\$115 and up

## men's hair

Cut & Style

Beard Trim

Gray Blending Service

\$25

\$15

\$20

## add-ons

Low Lights Short/Long

Toner

Deep Conditioning

Dry Scalp Massage

\$10 \$20

\$10

\$10

\$15 15 min

\$25 25 min

## waxing

Lip/Brow/Chin

Underarm

Bikini

Full Legs

Half Legs

Back

\$15

\$35

\$50

\$70 and up

\$45 and up

\$60 and up

salon services





## spa packages

### blu moon

This is it! The kind of spa indulgence that comes along — once in a blu moon! Your journey begins with our blu signature facial, followed by our 50-minute blu's chaser massage. Then visit our salon for our blu's touch signature hand treatment and my blu heaven foot treatment. We'll even include an entrée selection from our spa menu.

4  
hrs  
\$310

### all about blu

The mini beauty ritual of blu will revive your body, quiet your mind and center your spirit. The treatment begins with a salt scrub. We'll wrap you in a customized body mask to draw out impurities while you enjoy a head for blu's scalp massage and then finish things up with a 50-minute signature blu's chaser massage.

2  
hrs  
\$225

### out of the blu

Re-invent yourself, and anything is possible! Try a current look with a professional wash and style. Compliment your new look with a make-up application and indulge yourself in our blu to go express hand treatment. Beauty at spa blu — that's you!

2  
hrs  
\$100





## sky blu

A perfect pick-me-up when body and spirit need a little TLC! This uplifting package includes: the 50-minute blu hue massage, our blu glow facial, and our 25-minute blu to go pedicure treatment.

2.5  
hrs  
\$240

## no birthday blu-s

They say it's your birthday - well Happy Birthday To You! Enjoy the 'pampered package' from the blu's best! Begin your day with our signature blu's chaser massage (50 min.) and to put the icing on the cake - a blu's signature facial (50 min.) - exfoliation, soothing mask and moisture balance - the baby face you were born with!

2  
hrs  
\$175

## blu's anniversary waltz

Celebrate that cherished day - together. In a private treatment suite, share a romantic side-by-side couple's massage. Bask in the relaxing and soothing art of blu massage - seventy-five minutes of ahhhhh - complete with soothing scents and a tranquil setting. Say "I do" all over again!

1.5  
hrs  
\$355

## private spa suites

Share the experience with someone special. Choose from our menu of spa services that can be customized to your time allotment and selection preferences.

25 min	50 min	80 min
+\$10	+\$15	+\$20

## transformation suite

Customize a special event in our transformation suite, perfect for bridal parties or any special occasion - or just a fun prelude to your girls' night out. You'll enjoy first-class hairstyling and make-up services of spa blu along with food and beverage service.

2  
hrs  
\$100

## hours of operation

Spa facility by appointment only.

Monday – Friday 9:00am – 7:00pm

Saturday 8:00am – 8:00pm

Sunday 8:00am – 5:00pm

## fitness center

Please call for rates.

Monday – Sunday 6:00am – 8:00pm

## reservations

It is never too soon to make your spa appointments. Advance reservations are strongly recommended. Please contact us by phone at 219-861-4812 or 888-879-7711, ext. 2583.

## gratuities

Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience. You are welcome to leave gratuities at your discretion.

## arrival time

Please arrive at least 20-30 minutes prior to your scheduled appointment time. This will allow sufficient time for you to change into spa attire, have a soothing cup of tea and unwind in our lounge areas.

## privacy levels

We are a cell phone and pager free facility. To ensure a tranquil atmosphere for all guests, please turn off cell phones and pagers prior to your arrival. We are also a smoke-free facility.

## age appropriate services

Spa guests must be 18 years of age or older.



## what if i am running late?

As our treatments are scheduled on the hour, if you arrive late for your appointment, your treatment will be shortened accordingly. The full price of the treatment will be applied.

## cancellation policy

A credit card will be required to make reservations for all guests. Cancellations should be made 4 hours prior to your treatment Monday through Thursday and within 24 hours Friday through Sunday. There will be a 50% charge for all services cancelled within the required timeframe. Failure to show for your appointment will result in a 100% charge for missed services. Arriving 15 minutes late for a 50-minute service, or 5 minutes late for a 25-minute service may result in forfeit of treatments, with 100% charge for missed appointments.

## attire

Wear whatever is comfortable. We will provide a robe and slippers for your visit. During treatments, our therapists are trained to drape you appropriately for privacy and comfort. For hydro or wet room treatments, you may bring your own bathing suit.

## location

We are located on the second floor of the SPA BLU TOWER.

## what if i am pregnant?

A pregnant client needs to focus on what will make her body feel especially good during this special time of her life. We suggest avoiding treatments using deep pressure, hot stones, wraps and aromatherapy facials. All treatments for pregnant women can only be performed after the first trimester.

## payment

We accept all major credit cards and cash. Spa services may also be charged to your hotel account. All prices are subject to change without notification.

## personal items

Spa blu is not responsible for lost or stolen items.



The complete restorative and energizing spa experience from Blue Chip. Between whirlpools and hot stones, steam rooms and pedicures, feelings of energy and serenity surround you. New ways to enliven mind, body and spirit await, right here at spa blu.



## hours of operation

### spa facility:

Monday – Friday 9:00am – 7:00pm

Saturday 8:00am – 8:00pm

Sunday 8:00am – 5:00pm

\*by appointment only

### fitness center:

6:00am – 8:00pm

Day Pass (Fitness Center Only) \$10

Day Pass (Whirlpool, Steam Room, Fitness Center) \$25

777 Blue Chip Drive  
Michigan City, IN 46360  
888-879-7711, ext. 2583  
BlueChipCasino.com

For more information and a list of our skin, body and hair products, please stop by or visit our website.

\*Prices and hours are subject to change.



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